



APSPA Newsletter

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Welcome to 2nd APSPA International
Conference on 20 – 21 March 2021

Welcome to
International Webinar on
Helping Children at Home
July – August 2020

Welcome to APSPA Weekly online lecture
in collaboration with InSPA using Google
Meet on Saturday at 11.00 am (India time).
Register at www.inspa.org/events for
participation certificate





Proceedings of the First International conference on *Mental Health and Well-being among School Children* at National Institute of Education, Colombo, Sri Lanka on 11 - 12 February 2020

The Asia Pacific School Psychology Association (APSPA) has been launched during the First International Conference on School Psychology held at Hotel Grand Seasons, Kuala Lumpur, Malaysia on 11th January 2019. Followed by the launching, deliberations of core committee members unanimously resolved to select office bearers of the association with available school psychologists from different countries to look the promotion of school psychology services in the Asia Pacific region. This will cater to the needs of promotion of common school psychology services in the Asia Pacific region especially in the areas of life skills, mental health and well-being. The present headquarters is in Malaysia.

Asia Pacific region is comprised with multi-national, multi-cultural and multilingual developing countries. Each and every country has its own unique multifaceted schooling systems which cater to the needs of the heterogeneous groups of children. The schools run by the governments as well as private, both in urban and rural areas differ in many respects from the private English-medium schools that draw children by and large from economically prosperous families. Thus, the school setting today is characterized by the existence of educational institutions of various standards, which may be distinguished on the basis of a

number of indicators, including teaching and learning methods, physical infrastructural facilities, and policies of administration. Children of these schools need proper psychological guidance to learn and acquire required life skills and abilities. We the Asia Pacific School Psychology Association established in Malaysia strongly believe that professional school psychologists alone can provide the necessary professional guidance to the children in schools and educational institutions such as special schools and mental health homes. At present the schools are badly in need of such professional school psychologists to create an ambiance to teach and learn so as to provide the much-desired high-quality school education in the Asia Pacific countries by promoting mental health and well-being.

Objectives of the conference

- To raise visibility about the importance of positive mental health and well-being among children and youth.
- To suggest framework of mental health among youth and in the educational system.

The conference is structured around the following sub-themes:

- Mental health initiatives in schools and educational institutions
- Psychosocial rehabilitation in mental health
- Challenges in the assessment and intervention of children



- Scaling up mental health services in Asia Pacific region
- Attitudinal challenges in mental health development
- Impact of disaster and displacement on trauma in Asia Pacific region
- Promoting Mental Health and Well-being in Asia Pacific region

On each sub-theme of this conference, a team of invited speakers/experts had delivered keynote presentations. The first International conference on *Mental Health and Well-being among School Children* was held at National Institute of Education, Colombo, Sri Lanka on 11 - 12 February 2020. About 150 delegates from India, Germany, United Kingdom, Malaysia, Bangladesh, Nepal, Sri Lanka and others countries have participated in the conference.

Dr. Panch. Ramalingam, President, Asia Pacific School Psychology Association, Malaysia presented welcome address and Scope of the Conference. **Dr.(Mrs) T.A.R.J. Gunasekara**, Director General, National Institute of Education, Maharagama, Colombo, Sri Lanka presented presidential address. **Prof. Gurmeet Singh**, Vice-Chancellor, Pondicherry University, India was the Chief Guest and delivered inaugural address. He has released the Book of Abstracts during the inaugural session. **Prof. Michiko Ishikawa**, Tokoha University, Japan delivered keynote address. **Dr. D. Samaraveera**, National Institute of Education, Colombo proposed a vote of thanks.

Dr. Panch. Ramalingam, Pondicherry University, India chaired theme Presentation on Prospects of Mental Health and Well-being in the Asia Pacific Region. Prof. Kamal Uddin, University of Dhaka,

Bangladesh, Dr. Balan Radhakrishnan, University of Sabah, Malaysia, Mr. MAM Sameem, Sri Lanka, and Prof. S. Thenmozhi, Madras University, India have presented their views. There were four keynote addresses by Prof. G.P. Thakur, New Delhi, Prof. Kiran Devendra, Amity University, Haryana, Prof. Md Kamal Uddin, University of Dhaka, Bangladesh, Prof. S. Thenmozhi, University of Madras, Chennai, and there were nine invited presentations by Prof. G. Venkatesh Kumar, Mysore University, Mysuru, Prof. R. Gopalakrishna, Bangalore University, Bangalore. Dr. Kabita Raj Cadel, Nepal, Dr. K. Gunasegaran, UNISEL, Malaysia, Dr. D. Dutta Roy, Indian Statistical Institute, Kolkata, prof. A. Shahin Sultana, Pondicherry University, Puducherry, Dr. Mohammad, Rahim Kamaluddin, The National University of Malaysia, Malaysia, Prof. P. Jeyachandran, Chennai, Dr. Balan Radhakrishnan, University of Malaysia, Sabha.

There were seven special presentations by Prof. Akbaruddin Ahmad, Vice-Chancellor (Retd), Darul Ihsan University, Bangladesh, Shri. S.K. Devamany, Malaysia, Dato Dr. L. Krishnan, Malaysia, Prof. Ratna Natarajan, Prof. Hari Suman, Shimla, Prof. V.S.R. Vijayakumar, Chennai, and Shri A. Ilanchian, London. There were three symposia were conducted. The first symposium was on Mental Health and Wellness among Children: Issues, Challenges and Promotion by Dr. Deepti Hooda, Dr. Anjali Malik, Dr. Sarvdeep Kohli, and Dr. NovRattan Sharma, Professor of Psychology, M. D. University, Rohtak, Haryana, India.

The second symposium was on Developing Strategies and Measures to Overcome Trauma and Fear Reaction among Tea Tribe Children by Dr. Manidipa Barua, Ms. Syeda Anjum Afreen, and Ms. Pallavi Sarmah, Department of Psychology, Gauhati University, Assam, India.

The third symposium was on Adverse Childhood Experiences by Prof. Indranee Phookan Borooah, Guahati University, Assam, Dr. Sabiha Alam Choudhury, Assam Don Bosco University and Dr. Bidita Das, Handique Girls' College, Assam. The fourth symposium was on Early Identification and Intervention for Positive Mental Health among Adolescents by Dr. Ritu Modi, Department of Psychology, University of Allahabad, India, and Dr. Abha Singh, Associate Prof & Head Dept. of Psychology, P.P.N College, Kanpur, India.

There were three workshops conducted in the conference. (i) High Risk behaviors and psychological problems among adolescent students by Dr. C.N. Ramgopal, Professor of Counselling Psychology, Chennai, (ii) Workshop on Life Skills Education by Dr. Jagpreet Kaur, Assistant Professor, Department of Education, Punjabi University, Patiala and Dr. Neeta Sinha, Pandit Deendayal Petroleum University, Gandhinagar, and (iii) Dr. Bach Flower Remedies and Mental Health by Dr. Kalyani Kenneth, Madras School of Social Work, Chennai. In addition, six scientific sessions were conducted

on the sub themes and forty-eight papers have been presented.

At the valedictory session, **Prof. R. Karpaga Kumaravel**, Dean, Faculty of Education and Behavioural Sciences, Central University of Tamil Nadu, Thiruvavur, and Former Vice-Chancellor, Madurai Kamaraj University presided and delivered presidential address. **Prof. Gurmeet Singh**, Vice-Chancellor, Pondicherry University, India distributed Best Paper Awards to Dr. Rashmi Mishra, Kanpur, Ms. National University of Malaysia, Malaysia, Dr. G. Hema, Periyar University, Salem, India, Dr. Deepti Hooda, MD University, Rohtak, India, Mr. Thiyagaraj Ravichandran, National Institute of Education, Colombo.

Prof. Gurmeet Singh has also distributed the APSPA logo inscribed mementos to the delegates. **Prof. Padmakali Banerjee**, Pro Vice-Chancellor, Amity University, Haryana has delivered valedictory address. **Prof. G.P. Thakur**, Professor of Psychology, New Delhi has delivered special address. Prof. Akbaruddin Ahmad, Vice-Chancellor (Retd), Darul Ihsan University, Bangladesh. Professor, G. Venkatesh Kumar, Professor of Psychology, Mysore University, India, Prof. Balan Radhakrishnan, University of Malaysia, Prof. Kamaluddin, University of Dhaka delivered feedback of the conference. Mr. MAM Sameem proposed a vote of thanks.





50. Dr. Jagpreet Kaur, India

Second General Body Meeting of the APSPA

Minutes of the Second Meeting of the General Assembly held on 10.02.2020 at 05.00 p.m. at the National Institute of Education, Colombo, Sri Lanka. Dr. Panch. Ramalingam, President, APSPA presided the meeting.

Following Members were Present:

1. Prof. Akbar Uddin Ahmad, Bangladesh
2. Colonel E.R.M. Ashraf Uddin, Bangladesh
3. Prof. V.S.R Vijayakumar, India
4. Dr. A. Shahin Sultana, India
5. Dr. Abha Singh, India
6. Dr. Anjali Malik, India
7. Dr. Balan Radhakrishnan, Malaysia
8. Dr. D.Dutta Ray, India
9. Dr. Deepti Hooda, India
10. Dr. G. Hema, India
11. Dr. Gunasegaran K, Malaysia
12. Dr. Janet Fernandes, India
13. Dr. K. Gunasekaran, Malaysia
14. Dr. K. Jayanthi Rani, India
15. Dr. K. Suryasree, India
16. Dr. Kabita Raj Cadell, Nepal
17. Dr. Kalyani Kenneth, India
18. Dr. M. Thayanythy, Sri Lanka
19. Dr. Mahfaza Khanam, Dhaka
20. Dr. MAM Sameem, Sri Lanka
21. Dr. Md Rahim Kamaluddin, Malaysia
22. Dr. N.K. Saksena, India
23. Dr. N.R. Sharma, India
24. Dr. Neeta Sinha, India
25. Dr. Panch. Ramalingam, India
26. Dr. Pragya Tripathi, India
27. Dr. R. Ramesh, India
28. Dr. Rashmi Mishra, India
29. Dr. Ritu Modi, India
30. Dr. S. James Robert, India
31. Dr. S. Robinson, India
32. Dr. Sarvdeep Kohli, India
33. Dr. U. Vijayabanu, India
34. Dr. V. Vithya, India
35. Dr. Hari Suman, India
36. Mrs. Tomoko Suzuki, Japan
37. Prof. V S R Vijayakumar, Chennai
38. Prof. Akbaruddin Ahmed, Bangladesh

51. Dr. D. Samaraveera, Sri Lanka

52. Dr. Kannan, Sri Lanka

The Following Items Were Discussed and Resolutions Passed:

01/2020 Welcome address and introduction of the members by the President and brief report of the activities of the APSPA.

At the outset Dr. Panch. Ramalingam, President, APSPA welcomed and introduced the new members. They were approved in the year 2020 as APSPA Life/Regular members of the Association. The Golden Member Certificate for 2020 has been issued to Dr. Balan Radhakrishnan, Malaysia for enrolling more than 25 members in this year. (List of 40 members in **annexure 1**)

02/2020 To note and confirm the minutes of the First General Assembly held at Pandit Deendayal Petroleum University, Gandhinagar on 13.11.2019

Noted and confirmed in **annexure 2**. Unanimously approved the action taken by the Executive Council for the period of 13.11.2019 to 10.2.2020.

03/2020 To consider and approve the statement of income and expenditure for the period January to December, 2019 (presentation by Shri T. Ganesan)

It has been unanimously approved in **annexure 3**. The approved income and expenses towards conduct of the conference would be presented at the valedictory session

Shahin Sultana for the period of three years.

04/2020 To consider and approve the schedule of events for Sri Lanka Conference (presentation by Dr. M. Thayanithy, NIE, Colombo)

Considered and approved the schedule of events along with budget prepared by the NIE, Colombo for the conduct of Sri Lanka Conference to be held on 11 and 12 February 2020 in **annexure 4**.

05/2020 To consider and approve the common curriculum in Asia Pacific region for School Psychology Courses.

Considered and approved the curriculum prepared for Masters programme by Prof. Kamal Uddin, University of Dhaka

06/2020 To consider and approve the country level units of the Asia Pacific School Psychology Association

Unanimously approved to create country level units with the key persons in the following Countries:

1. Puducherry in India: Dr. Panch. Ramalingam, and Prof. A. Shahin Sultana
2. Colombo in Sri Lanka: Mr. MAM Sameem, and Dr. M. Thayanithy
3. Dhaka in Bangladesh: Prof. Kamaluddin and Tipti
4. Bangkok in Thailand: Dr. Parvathy Varma, and Dr. Santhosh Mohanan

They have been authorized to use the name and logo of the Association and act as the key persons to open a saving bank account in the name of Asia Pacific School Psychology Association and both them jointly operate the bank transactions.

In India, the bank account is to be opened in the Indian Bank, Lawspet branch, Puducherry – 605008. The account and all financial transactions jointly operated by Dr. Panch. Ramalingam, and Prof. A.

07/2020 To consider and approve the country for the second International Conference of the Asia Pacific School Psychology Association

Unanimously approved to conduct the Second International Conference at Assumption University, Bangkok, Thailand in January 2021. Dr. Parvathy Varma is the Chairperson of the LOC and Dr. Santhosh Mohanan is the Organising Secretary of the conference.

08/2020 To consider and approve the International training on school psychology

Unanimously approved to conduct International training on school psychology by inviting ISPA experts in September 2020 in Malaysia.

09/2020 Any other item with the permission of the Chair

1. Unanimously approved to prepare list of experts in each country to conduct workshops in school psychology
2. Unanimously appreciated the National Institute of Education, Colombo for conducting the conference successfully.

The meeting ended by proposing vote of thanks to chair.

Secretary, APSPA

President, APSPA

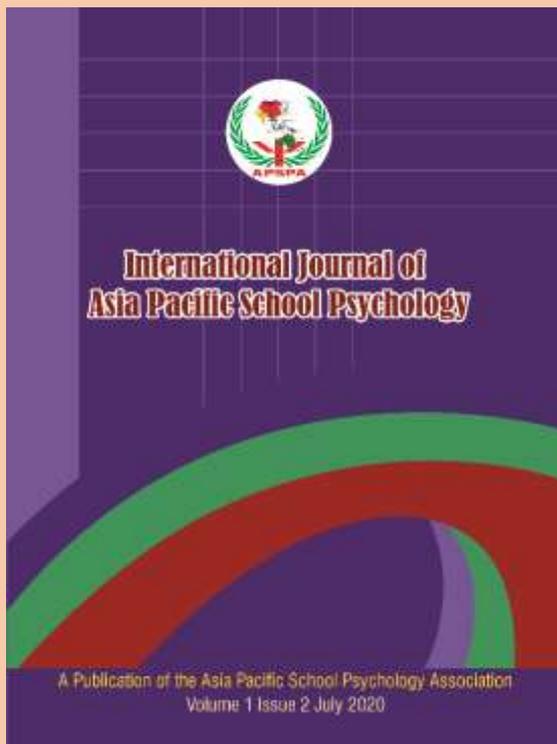


APSPA New Members 2020

148/2019	Dr. N.V.S. Suryanarayana , Administrative Officer, Central Tribal University of Andhra Pradesh D.No. 19-5-5, Kanukurthivari Street, Vizianagaram - 535002, A.P, India	Male	India	Dr. Panch. Ramalingam
149/2019	Ganta Ramakrishna , 2-66, Indra Street, Narsipuram, Parvathipuram, Vizainagaram- 535522	Male	India	Dr. Panch. Ramalingam
150/2019	Norsimah Binti Dasan , Senior Lecturer, Faculty of Psychology and Education, Universiti Malaysia Sabah, Jalan UMS, 88400 Kota Kinabalu, Sabah, Malaysia	Female	Malaysia	Dr. Balan
151/2019	Marlina , OPTIK MELAWAI HO Jl. Aipda Karel Satsuit Tuban No. 72, RT.1/RW.1, Slipi, Kec. Palmerah, Kota Jakarta Barat, Daerah Khusus Ibukota Jakarta 11410	Female	Indonesia	Dr. Balan
152/2019	Andini Pritania Putri , Lembaga Administrasi Negara. Jl. Kira Payung km 4.7, Jatinangor 45366	Female	Indonesia	Dr. Balan
153/2019	Nuril Anwar , Jl. Meruya Selatan No. 1, Kembangan, Jakarta Barat. 11650	Male	Indonesia	Dr. Balan
154/2019	Dr. Clara Moningka,S.Psi., M.Si ,Universitas Pembangunan Jaya Jl. Cendrawasih Blok B/7P Sawah Baru, Tangerang Selatan	Female	Indonesia	Dr. Balan
155/2019	Ayu Swantika , Jl. Meruya Selatan No. 1, Kembangan, Jakarta Barat 11650		Indonesia	Dr. Balan
156/2019	Nia Siti Chaerani , PT. HNI HPAI as Leader Team and Consultant, Jl . Klp. Sawit Raya Blok H.no.11, RT.4/RW.10, Pd.Klp.,Kota Jakarta Timur, Daerah Khusus Ibukota Jakarta	Female	Indonesia	Dr. Balan
157/2019	Dr. Anwar Prabu Mangkunegara, Faculty of Psychology, Mercu Buana University	Male	Indonesia	Dr. Balan
158/2019	Niza Siti Mukaromah , Mercubuana University Jl. Menteng Raya No. 29, RT. 2/RW.7, Kebon. Sirih, Kec. Menteng, Kota Jakarta Pusat, Daerah Khusus Ibukota Jakarta 10340		Indonesia	Dr. Balan
159/2019	Ririn Akbarini , Kharisma Potensia Indonesia, PT Ruko Mega Grosir Cempaka Mas Jl. Letjend Suprpto No.27, Blok o No.33-34 Jakarta Pusat 10510	Female	Indonesia	Dr. Balan
160/2019	Fatma Maghfirah Harahap Villa Nusa Indah 2 Block v 10 No4, Bojong Kulur Bekasi, 16969	Female	Indonesia	Dr. Balan
161/2019	Fitriyanti , Pt, Sedaya Multi Investama Menara astra lt. 57 Jl. Jendral Sudirman Kav. 5-6 Jakarta 10220		Indonesia	Dr. Balan
162/2019	Dea Apriyanti , Jl Raya Kranggan no.6, Jatisampurna, Bekasi 17432	Female	Indonesia	Dr. Balan
163/2019	Fransiska Gestari , Jl Raya Kranggan no.6, Jatisampurna, Bekasi 17432	Female	Indonesia	Dr. Balan
164/2019	Saras Ayudhia Maharani Putri , Jl, Raya Kranggan no.6, Jatisampurna, Bekasi 17432	Female	Indonesia	Dr. Balan
165/2019	Siti Meiliza , Jl, Raya Kranggan no.6, Jatisampurna, Bekasi 17432	Female	Indonesia	Dr. Balan
166/2019	Abha Singh , Assistance Professor, Dept.of Psychology, PPN College, Kanpur- 208 001	Female	India	Dr.Panch. Ramalingam
167/2019	Ritu Modi , Assitance Professor, Dept. of Psychology, University of Allahabad, Prayagraj-211 002	Female	India	Dr. Panch. Ramalingam
168/2019	Pushparani A/P Govindarajah		Malaysia	Dr. K. Gunasegaran

169/2019	Sandy Kariki @ Jerald		Malaysia	Dr. K. Gunasegaran
170/2019	Dr Rutil Taising		Malaysia	Dr. K. Gunasegaran
171/2019	Abdul Latif bin Hj Jamaludin		Malaysia	Dr. K. Gunasegaran
172/2019	Dr Chiong Kung Lung		Malaysia	Dr. K. Gunasegaran
173/2020	Miyuki Matsumoto , Aichi Mizuho Junior College , Japan			

International Journal of Asia Pacific School Psychology



IJAPSP Editorial Board

Articles are hereby invited from research scholars for publication in the *International Journal of Asia Pacific School Psychology*. This is an official journal of the Asia Pacific School Psychology Association (APSPA). A peer-reviewed, bi-annual journal serves as a resource for original contributions in School Psychology. The first issue was released in January 2020. Issue will be published by January and July every year. Potential contributors are requested to send their APA style manuscripts on

different aspects of School Psychology through the email address: apspa2019@gmail.com at any time. An Instructions to Authors given in this issue should be followed for submission of articles. Please note that the *Publication Manual of the American Psychological Association* (6th ed., 2010) and the APA Style web site (<http://www.apastyle.org>) provide a comprehensive reference guide for writing using APA style, organization, and content.

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Asia Pacific School Psychology Association



Malaysian School Psychology Association

2nd Asia Pacific School Psychology International Virtual Conference **Date: 20th - 21st March 2021**



Conference Theme :-

•Contemporary Challenges and Advancement in School Psychology

Sub Themes :-

- Counseling Strategies in the Challenging Period of Covid-19
- Learning Disabilities and Supporting Diverse Learners
- Best Practices in School Psychology Around the World
- School Psychology Initiatives Suitable for Malaysian Schools
- Mental Well-Being of Students from Primary to Tertiary Level Education
- School Psychology Programmes Related to Students, Parents, Teachers, Administrators, Boards of Education and School Counselors
- Contemporary issue and innovation in school psychology.
- Teachers, parents and student advancement in school psychology.
- Contemporary issues in school psychology in era IR 4.0.



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-14th March 2021**

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