



**Asia Pacific School Psychology Association  
International Conference on School Psychology:  
Mental Health and Well-being among Children**



National Institute of Education (NIE), Colombo, Sri Lanka

**11 – 12 February 2020**



**INFORMATION BROCHURE**

**Dr. Panch. Ramalingam**

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(APSPA)

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# Asia Pacific School Psychology Association

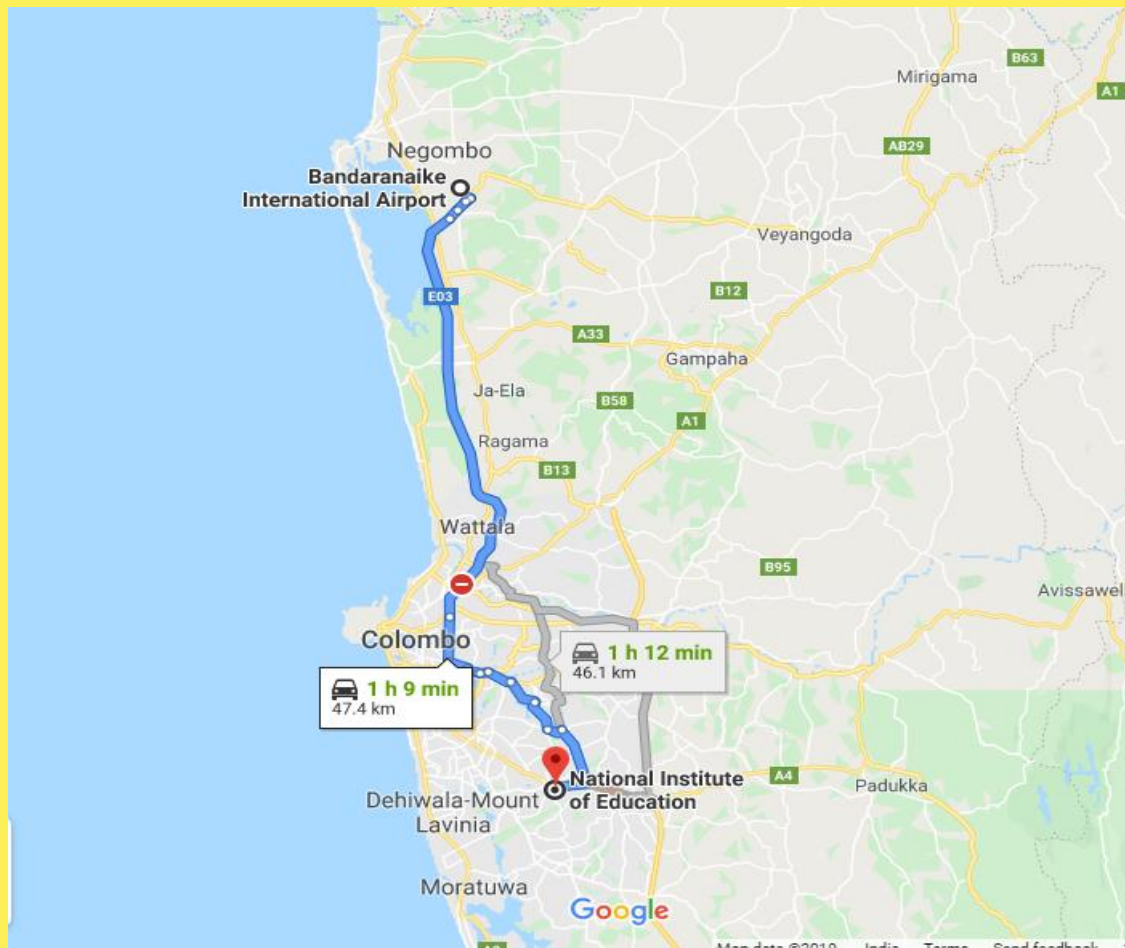
International Conference on School Psychology: Mental Health and Well-being among Children

11 – 12 February 2020

Reaching by Flight to Colombo, Sri Lanka



## Colombo Airport to Conference Venue (National Institute of Education)





## Places of Interest in Sri Lanka



## Information Brochure

Asia Pacific region is comprised with multi-national, multi-cultural and multilingual developing countries. Each country has its own unique multifaceted schooling systems, which cater to the needs of the heterogeneous groups of children. The schools run by the governments as well as private, both in urban and rural areas differ in many respects from the private English-medium schools that draw children by and large from economically prosperous families. Thus, the school setting today is characterized by the existence of educational institutions of various standards, which may be distinguished based on a number of indicators, including teaching and learning methods, physical infrastructural facilities, and policies of administration. Children of these schools need proper psychological guidance to learn and acquire required life skills and abilities. We the Asia Pacific School Psychology Association established in Malaysia strongly believe that professional school psychologists alone can provide the necessary professional guidance to the children in schools and educational institutions such as special schools and mental health homes. At present the schools are badly in need of such professional school psychologists to create an ambiance to teach and learn so as to provide the much-desired high-quality school education in the Asia Pacific countries by promoting mental health and well-being.

## Objectives

- To raise visibility about the importance of positive mental health and well-being among children and youth.
- To suggest framework of mental health among youth and in the educational system.

The conference is structured around the following sub-themes:

- Mental health initiatives in schools and educational institutions
- Psychosocial rehabilitation in mental health
- Challenges in the assessment and intervention of children
- Scaling up mental health services in Asia Pacific region
- Attitudinal challenges in mental health development
- Impact of disaster and displacement on trauma in Asia Pacific region
- Promoting Mental Health and Well-being in Asia Pacific region

On each sub-theme of this conference, a team of invited speakers/experts will deliver keynote presentations.

## Keynote Speakers

### **Dr. Erika Voigt, Germany**

She is Professor of School psychology in Germany. Her professional life started with work in a home for behavior disturbed girls, in a psychiatric clinic in Switzerland. As a research fellow at the University of Saarbrücken, She worked about education in east Africa. Her scientific work is directly related to the basic studies of psychology, and closely working with the International School Psychology Association (ISPA). Beginning in the 80s, contact to InSPA representative of German Psychologist's association, cofounder of the German National Nongovernmental organizations for the Rights of the Child (UNCRC) also representing my professional organization. After retiring from her profession about half a year teaching in China, one of her majors now, music and organizing exhibitions and other cultural events.

### **Prof. G.P. Thakur, New Delhi**

He is the former President of Indian School Psychology Association and has three decades of experience in teaching, research and administration. He was the former Dean, faculty of Social Sciences, and Science and Technology at Mahatma Gandhi Kashi Vidyapith, Varanasi. He is presently the Director of Career Planning and Counselling Centre, New Delhi.

### **Prof. B. Mukhopadhyay, Chennai**

He is the former Professor and Head, Department of Educational Management and Applied Psychology, National Institute of Technical Teachers' training and Research, Chennai. He is the President of the Indian School Psychology Association (InSPA) and formerly Secretary, Indian Academy of Applied Psychology.

### **Prof. Kiran Devendra, New Delhi**

She is Professor and Head, Amity School of Liberal Arts, Amity University Haryana, India. She was formerly Professor of Primary education in the National Council for Educational Research and Training, New Delhi.

### **Prof. T. Marimuthu, Malaysia**

Tan Sri Professor T. Marimuthu is the Chairman, Social Service Foundation (YSS), Malaysia. He was formerly Professor of sociology in the University of Malaysia. He has ventured to train the school children and teachers through many guidance and counselling programmes in Malaysia.

### **Prof. Dr. Akbaruddin Ahmad, Bangladesh**

He is Chairman, Policy Research Centre.bd (PRC.bd), and Chairman (Admn), NAPSIPAG. He is Vice Chancellor (Retd), Darul Ihsan University, Bangladesh. He is Founder and Donor in managing four educational institutions in Bangladesh.

## **Prof. Md. Kamal Uddin, Dhaka, Bangladesh**

Md. Kamal Uddin is senior Professor of Psychology in the University of Dhaka, Bangladesh. He is the coordinator of Post-graduate program in School psychology. President, Bangladesh School Psychology Society (BSPS), Vice-President, Asia Pacific School Psychology Association (APSPA), Joint Secretary General, Bangladesh Psychological Association (BPA), and Treasurer, Bangladesh Foundation for Human Resource Development and Management.

## **Dr. Parvathy Varma, Thailand**

She is basically a psychologist, working in the field of Management. She is interested in cross-cultural research. Program director for Master of Science in Counseling Psychology, Program Director for Doctor of Philosophy in Counseling Psychology. Director of Psychological Counseling Unit is to assist and manage the unit to enhance students' individual, social and academic development, ease their adaptation processes to university life and help them acquire the skills necessary to cope with potential problems.

### **APSPA Leadership Workshop**

The workshop will be held on first day of the conference between 02.00 and 05.00 pm. The participants are invited members from affiliating associations of APSPA only.

### **Workshop on Game Based Therapy**

The purpose of this workshop is to enable a practitioner, researcher, or other educational professional/teachers to present specific innovative techniques, methods and tools for psychologists from a practical point of view in relation to the conference theme. Dr. Sarah Manickaraj and Dr. Vasantha Prabha, GBT Centre, Chennai will be the resource persons.

### **Children's Assembly**

This is a special event of the APSPA to help and motivate the children in Sri Lanka. The Children's Assembly will be held on the second day of the Conference between 10.00 am and 12.00 noon. The children from various places in and around Colombo area will assemble and interact with the School Psychology experts. A new concept *Memoroid* will be introduced to the children. Maximum 120 students between the age group 14 -17 years will be admitted to this session.

Expert: **Prof. V.S.R. Vijayakumar**. He is Professor, Former Chairperson - Research in the Management Institute of Technology, Nagpur. His area of specialization is Organizational Behavior and Psychometrics.

### **Proposal for Presentation**

Proposals are invited for symposia, workshops, individual paper, and poster presentations. Today, school communities are challenged with many psycho-socio issues of children from different ethnicities, races, languages, religions, abilities, and disabilities. The School Psychology should be promoted in the Asia Pacific region to cater to the needs of the parents, teachers, school administration and policy makers.

**Symposia (60 minutes).** Presentations submitted together on a specific topic. This is a talk presentation style. Each integrated symposium generally includes a maximum of four (4) presentations on a common topic based on the conference theme and subthemes. Multi-disciplinary panels are welcome. Kindly note that the convener of the symposium must be a psychologist.

**Panel Discussion (45 minutes).** Parallel discussion sessions on specific topics - presentation and discussion. Presenter will sit at a roundtable with individuals interested in the topic area. Presenters will present their paper and elicit questions and comments from individuals at the table. In this format, presenters will open a discussion on a topic relevant to the conference theme and subthemes with brief remarks and facilitate a guided, interactive discussion with the roundtable participants.

**Scientific Papers (15 minutes including questions from participants):** The purpose of a paper presentation is to present research findings and innovative practices. Papers should be related to the theme and sub-theme of the conference, and report on recent developments.

**Posters:** The purpose is to offer a visual display of presentation, in an attractive way on a given poster space. Presenters should also offer additional information (leaflets, handouts, or brochures) to take away. The normal size of the poster is 30 x 20 inches size.

## Submission of Papers for Oral Presentation / Publication

Delegates are requested to submit their abstracts/ papers following APA style (6<sup>th</sup> Edition) on any of the listed sub themes. To ensure a consistent high quality of all the presentations, participants are requested to submit the abstract in 200 words. The full text around 5000 words can be sent by email: [apspa2019@gmail.com](mailto:apspa2019@gmail.com).

### Important Dates

- Last date for submission of Abstract/Full Paper Submission: 30.11.2019
- Reception for staying participants open 10.02.2020 at 02.00 pm
- Spot Registration and Dues clearance 11.02.2020 at 08.00 am
- Leadership Workshop invitees only: 11.02.2020 at 2.00 pm
- Cultural Programme 11.02.2020 at 6.30 pm
- Children Assembly: 12.02.2020 at 10.00 am
- Closing Ceremony of the Conference 12.02.2020 at 07.00 pm

All the abstracts received before 30.11.2019 will be published in the form of Book and distributed to the delegates on the first day of the conference. Selected papers will be published in the *International Journal of Asia Pacific School Psychology*. In this regard, a separate notification will be sent to the authors.

### Registration Fee

Regular Registration fee payment closes on 30<sup>th</sup> November 2019

- i. APSPA Members: USD 150/-
- ii. Non-Members: USD 250/-
- iii. Local delegates without accommodation: SLR 2000/-

The registration fee includes conference kit, simple double sharing accommodation at National Institute of Education, Colombo, hospitality for two days and sight-seeing in Colombo.

### Further details can be had from

#### Dr. Panch. Ramalingam

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Pondicherry University, Puducherry - 605 014, India.

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Colombo, Sri Lanka

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### General Instructions

1. Registration of delegates closes on 30.11.2019. Those who have paid registration fee will be considered as conference delegates for participation.
2. Registration fee includes pick up and drop from Colombo airport to National Institute of Education, Colombo on scheduled time, two day food and coffee/tea as per the coupon, book of abstracts in CD version, 13.2.2020 local sight-seeing in Colombo.
3. Registered delegates may share their travel itinerary along with visa copy to [apspa2019@gmail.com](mailto:apspa2019@gmail.com) before 31.12.2019
4. Only those who have submitted valid visa and travel documents will be accommodated in the NIE guest house from 10.2.2020 to 13.2.2020. This is a simple double sharing accommodation for strictly three days.
5. Conference presentation of paper will be confirmed subject to submission of full paper and power point (PPT) to [apspa2019@gmail.com](mailto:apspa2019@gmail.com) on or before 30.11.2019.

6. Oral presentation does not require submission of full paper. However, PowerPoint presentation will be accepted before 30.11.2019.
7. Registered delegates are most welcome to display their posters at the venue of the conference.
8. All suitable full papers would be considered for publication by the International Journal of Asia Pacific School Psychology and corresponding authors would be intimated about signed agreement for publication along with the review comments of the papers.
9. A registered delegate alone is permitted to present one paper at a time allotted during the conference and will get the certificate of presentation at the concerned session of the conference. Presentation of additional papers, if any by the same author(s), is permitted based on the payment of Rs.1000/- (per paper).
10. Participation certificate will be given for individual delegates. Title and authors of the paper presentation certificate purely based on the book of abstracts. Each paper with the name(s) of the author(s) will be given on one certificate.
11. The accompanying delegate has also to pay the same amount of registration fee.
12. Participation in all the two days are mandatory. There is no provision for one or two-day participation.
13. **The delegates who make online payment are requested to produce original receipts of payment for getting the receipt by post or at the specified registration counters. Soft copies and Xerox copies are not accepted.**
14. **Payment of registration and other fees paid once will not be refunded and cannot be adjusted with other delegates.**

#### Contact Persons

##### **Sri Lanka**

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##### **Malaysia**

###### **T. Ganesan**

Treasurer, APSPA, Malaysia  
Email: gasu072004@yahoo.com

##### **Thailand**

###### **Dr. Santhosh Mohanan**

Assumption University of Thailand, Bangkok  
Email: [drsanthoshmohan@gmail.com](mailto:drsanthoshmohan@gmail.com)

##### **India and other countries and any queries related to the conference participation:**

Dr. Panch. Ramalingam  
President, APSPA,  
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Email: apspa2019@gmail.com

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11 – 12 February 2020

### Tentative Schedule of Events and General Instructions

Time/ Date	11 February 2020		12 February 2020	
Hall	Main Hall 1	Hall 2	Main Hall 1	Hall 2
8.00 am	Spot Registration and Dues Clearance		Special Session 1: Yoga Skills for mental Health and Well-being <b>Prof. B. Mukhopadhyay</b> National Institute of Technical Teachers Training and Research, Chennai	
9.00 am	Welcoming Session <b>Dr. Panch. Ramalingam</b>		Symposium 2: <b>Dr. Balan Radhakrishnan,</b> University of Malaysia, Sabah	Special presentation 2: <b>Prof. Akbaruddin Ahmad</b> Vice-Chancellor (Retd), Darul Ihsan University, Bangladesh.
10.00 am	Keynote Address 1 <b>Prof. G.P. Thakur</b> Director, New Delhi		Keynote Address 3 <b>Prof. Kiran Devendra</b> Amity University, Haryana	
11.00 am	Conference Opening Ceremony <b>Dr.(Mrs) T.A.R.J. Gunasekara</b> Director General National Institute of Education Maharagama, Colombo, Sri Lanka Presides <b>Prof. Gurmeet Singh</b> Vice-Chancellor, Pondicherry University delivers Keynote Address Chief Guests Hon'ble Minster for Education and Hon' Deputy Minister for Education <b>Prof. Erika Voigt</b> School Psychologist, Germany delivers special address		Panel Discussion Chair: <b>Mrs. Slochana Elanchezhian,</b> London <b>Mr. T. Ganesan,</b> Malaysia	Workshop 5 Batch Flower Therapy and Mental Health <b>Dr. D. Gowri,</b> Psychologist, and <b>Dr. Kalyani Kenneth</b> Madras School of Social Work, Chennai
11.30 am			Keynote Address 4 <b>Prof. Md. Kamal Uddin</b> University of Dhaka, Bangladesh	
12.00 Noon	Invited Talk 1 : <b>Dr. A. Baheerathan,</b> and <b>Mr. Eassan,</b> AEDU, London		Invited Talk 6 <b>Prof. A. Shahin Sultana,</b> Dean, Students Welfare, Pondicherry University, Puducherry	Creativity and Memory Skills <b>Prof. V.S.R. Vijayakumar,</b> Chennai
12.30 pm	Workshop 1: <b>Prof. N.K. Saxena,</b> Kanpur	Invited talk 2 <b>Prof. N. Annalakshmi</b> Bharathiar University, Coimbatore	Invited Talk 7 <b>Dr. Santhosh Mohanan,</b> Assumption University of Thailand, Bangkok	
1.00 pm	Lunch		Lunch	
2.00 pm	Keynote Address 2 <b>Tan Sri Prof. T. Marimuthu</b> Chairman, YSS, Malaysia		Keynote Address 5 <b>Prof. Parvathi Varma</b> Director of Graduate Programmes Assumption University of Thailand, Bangkok	

2.30 pm	Symposium 1: <b>Prof. Nov Rattan Sharma, MD</b> University, Rohtak	Workshop 2 <b>Dr. Neeta Sinha</b> Pandit Deendayal Petroleum University, Gandhi Nagar	Symposium 3: <b>Prof. Indranee Phookan Borooh</b> Guahati University, Assam	Workshop 6 <b>Dr. Sarah Manickaraj and Dr. Vasantha Prabha</b> GBT Centre, Chennai
3.30 pm	Invited Talk 3 <b>Prof. S. Thenmozhi</b> Madras University, Chennai	Workshop 3 <b>Prof. G. Venkatesh Kumar,</b> Mysore University, Mysuru	Invited Talk 8 <b>Dr. Balan Radhakrishnan</b> University of Malaysia, Sabha	Workshop 7 <b>Dr. C.N. Ramgopal</b> Chetnad Hospitals, Chennai
4.00 pm	Invited Talk 4 <b>Dr. Gunasekaran Unisel, Malaysia</b>	<b>Workshop 4</b> <b>Prof. MVR Raju</b> Andhra University, Visakhapatnam	Invited Talk 9 <b>Prof. S. Kadhiravan</b> Periyar University, Salem	Workshop 8 <b>Mr. Gunapathy A and Arunagiri, S</b> YSS, Malaysia
4.30 pm	Scientific Session 1 to 4 Concurrent Sessions (Each session four papers)		Scientific Session 5 to 8 Concurrent Sessions (Each session four papers)	
5.30 pm	Invited Talk 5 <b>Dr. D Dutta Roy</b> Indian Statistical Institute, Kolkata	Workshop 8 <b>Mr. Zahir Ahmad</b> China	Invited Talk 10 <b>Dr. Md. Rahim</b> The National University of Malaysia	Symposium 4: <b>Dr. Ritu Modi</b> (Chairperson/facilitator) Department of Psychology University of Allahabad, India
6.00 pm	Scientific Session 9 to 12 Concurrent Sessions (Each session four papers)		Scientific Session 13 to 15 Concurrent Sessions (Each session four papers)	
7.00 pm	Cultural Programme		Closing Ceremony Special Presentation: <b>Prof. Karpaga Kumaravel</b> Dean, Faculty of Education and Behavioural Sciences, Central university of Tamil Nadu	
8.00 pm	Dinner		Dinner for International delegates	