
APSPA INTERNATIONAL
2019
13th APSPA
INTERNATIONAL CONFERENCE
in collaboration with
Kostroma State University
Kostroma, Russia
Костромской государственный университет
Kostroma State University
Kostroma, Russia
Research
Dialogue
Collaboration
People
Society
Development
Welcome
to Moscow, Russia
Russia
India
Bangladesh
Sri Lanka
Thailand
Vietnam
Indonesia
Japan
Mauritius
Palestine
Australia
United Kingdom
Malaysia
Nepal
Theme
Personal Life Trajectories – Social and Individual Context
30th September – 3rd October 2027
Kostroma State University
Kostroma, Russia
REGISTRATION LINK
https://forms.gle/wXjsVcHC3tUFVrTy9.
Last Date for Registration: 31st March 2027
Further details:
Prof. Panch. Ramalingam
Founder President
Asia Pacific School Psychology Association (APSPA)
India
Email: apspa2019@gmail.com
Web: www.apspa.in
Knowledge ◆ Innovation ◆ Better Futures

Kostroma State University, Kostroma, Russia, and Asia Pacific School Psychology Association

Jointly organising

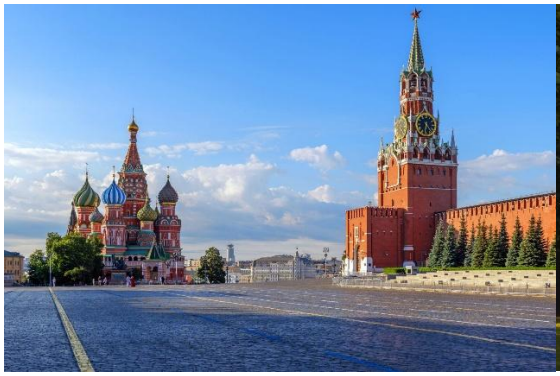
13th APSPA International Conference on Personal Life Trajectories –Social and Individual Context

30th September – 3rd October 2027

The Republic of Russia and Kostroma State University: A Profile for International Academic Engagement







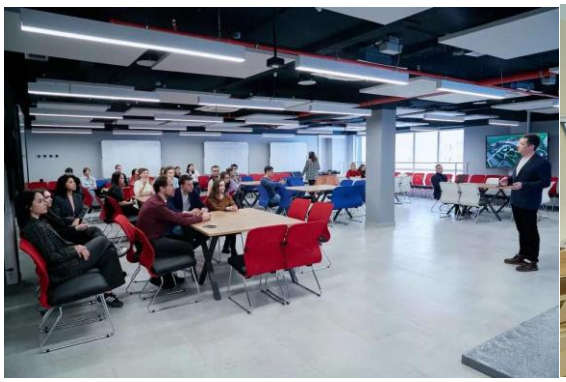

Russia, officially known as the Russian Federation, is the largest country in the world, spanning Eastern Europe and Northern Asia. With its vast geographical expanse, diverse cultural heritage, and significant contributions to science, literature, and education, Russia holds a prominent place in global academic and intellectual history. From pioneering achievements in space exploration to ground breaking contributions in psychology, physics, and mathematics, Russia has long been a center of scholarly excellence.

For centuries, Russia has nurtured a strong tradition of higher education and research, with institutions that have produced globally renowned scientists, writers, and thinkers. Today, the country continues to expand its academic influence through international collaborations, research partnerships, and global conferences that bring together scholars from across the world.

Geographical and Cultural Overview of Russia

Russia covers more than one-eighth of the Earth's inhabited land area, stretching across eleven time zones. Its diverse landscapes include tundra, forests, mountains, and vast plains. Major cities such as Moscow and Saint Petersburg serve as political, economic, and cultural hubs. Russian culture is deeply rooted in history, combining influences from Europe and Asia. The country has produced literary giants like Leo Tolstoy and Fyodor Dostoevsky, whose works continue to influence global thought. In science and psychology, figures such as Ivan Pavlov and Lev Vygotsky have left an enduring legacy. Russia's cultural richness is reflected in its museums, theaters, and traditions, making it not only a center of academic learning but also a vibrant destination for cultural exchange.

Education System in Russia




Russia's higher education system is known for its rigor, strong theoretical foundation, and emphasis on research. The system includes universities, academies, and specialized institutes offering undergraduate, postgraduate, and doctoral programs across a wide range of disciplines.

The Russian government actively supports internationalization in education by encouraging foreign students and scholars to participate in academic programs. Many universities offer courses in English and maintain partnerships with institutions worldwide. The country's focus on science, engineering, medicine, and social sciences makes it an attractive destination for global academic collaboration.

The City of Kostroma

Kostroma is a historic city located on the banks of the Volga River, approximately 300 kilometers northeast of Moscow. It is one of the oldest cities in Russia and forms part of the famous "Golden Ring," a group of ancient towns known for their historical significance and architectural heritage.

Founded in the 12th century, Kostroma is renowned for its preserved medieval structures, monasteries, and traditional Russian culture. The city provides a peaceful and intellectually stimulating environment, making it an ideal location for academic pursuits and scholarly gatherings.

Kostroma is also known for its hospitality and cultural warmth, offering visitors a unique blend of tradition and modernity. Its serene environment fosters focused academic work while also providing opportunities for cultural exploration.

Kostroma State University: An Overview



Kostroma State University is one of the prominent higher education institutions in Russia, known for its commitment to academic excellence, research innovation, and international collaboration. Established with a vision to promote knowledge and professional development, the university has grown into a multidisciplinary institution offering a wide range of programs.

The university provides education in fields such as humanities, social sciences, engineering, natural sciences, and education. It emphasizes both theoretical knowledge and practical skills, ensuring that students are well-prepared for global challenges.

Academic Structure and Programs

Kostroma State University offers undergraduate, postgraduate, and doctoral programs designed to meet international academic standards. The university's faculties and departments are equipped with modern infrastructure, laboratories, and research facilities.

Key areas of study include: Psychology and Education, Engineering and Technology, Economics and Management, Linguistics and Cultural Studies, and Natural and Applied Sciences

The university places a strong emphasis on interdisciplinary learning, encouraging students and researchers to explore connections between different fields of study.

Research and Innovation

Research is a central component of Kostroma State University's mission. The institution actively engages in scientific research across various disciplines, contributing to both national and international knowledge systems.

The university collaborates with research centers, industries, and academic institutions worldwide. Its research initiatives often focus on: Educational innovation, Psychological studies and human development, Technological advancement, and Regional and cultural studies. Through conferences, workshops, and publications, Kostroma State University promotes the dissemination of research findings and fosters academic dialogue.

International Collaboration

Kostroma State University has established partnerships with universities and institutions across Europe, Asia, and other regions. These collaborations facilitate: Student and faculty exchange programs, Joint research projects, International conferences and seminars, and Cross-cultural academic initiatives. The university welcomes international students and scholars, providing them with opportunities to engage in high-quality education and research in a multicultural environment.

Relevance for International Conferences

Kostroma State University serves as an excellent venue for international conferences due to its academic infrastructure, research orientation, and supportive environment. Its location in

the historic city of Kostroma adds cultural value to academic events, offering participants a unique experience.

The university's commitment to global engagement ensures that conferences hosted here benefit from diverse perspectives and meaningful academic exchange. Events focusing on psychology, education, technology, and interdisciplinary studies are particularly well-supported. Russia, with its rich intellectual heritage and strong educational framework, continues to play a vital role in global academia. Within this landscape, Kostroma State University stands out as a dynamic institution dedicated to knowledge, research, and international collaboration.

Its blend of tradition and innovation, combined with the cultural richness of Kostroma, makes it an ideal partner for academic initiatives and conferences. As global academic networks continue to expand, institutions like Kostroma State University contribute significantly to fostering dialogue, advancing research, and building meaningful international partnerships.

Our Host



Denis Vitoldovich Chaikovskiy, Rector of Kostroma State University

He is the Rector of Kostroma State University, Russia. He graduated from Tomsk Polytechnic University in 1998, specialising in automation and computer engineering. He subsequently pursued postgraduate studies in the humanities and earned a Candidate of Philosophical Sciences degree in 2002. He was awarded the academic title of Associate Professor in 2010.

Dr. Chaikovskiy began his professional career at Tomsk Polytechnic University in 2000 and served in several academic and administrative positions, including Assistant, Senior Lecturer, Associate Professor, Deputy Dean, and Head of an academic administration division. Before joining Kostroma State University, he served as Director of the School of Basic Engineering Training at Tomsk Polytechnic University. He assumed leadership responsibilities at Kostroma State University in 2023 and became Rector in 2024. His professional experience combines academic teaching, university administration, and educational leadership, contributing to the institution's continuing development and academic advancement

Anna Gennadyevna Samokhvalova, Director of the Pedagogy and Psychology Institute, Doctor of Psychological Sciences, Kostroma State University, Russia.



Professional interests: Psychological and pedagogical support of the children and adolescents communicative development ; psychology of difficult communication at the childhood stages of ontogenesis and psychotechnology of overcoming communicative difficulties; psychology of business communication; management in education. He works in the system of research grants of the Russian Humanitarian Science Foundation, administration of the Kostroma region. Supervisor the scientific activities of graduate students and

undergraduates; participates in the organization of student scientific and project work. Maintains international professional contacts with the psychological and pedagogical community in Armenia, Belarus, Ukraine, Poland, and Germany. She is the author of 8 monographs, 12 textbooks, and more than 250 scientific articles.

Asia Pacific School Psychology Association (APSPA)

It is a professional, non-profit organization dedicated to advancing the field of school psychology throughout the Asia Pacific region. Founded in 2019 by Prof. Panch. Ramalingam of Pondicherry University, APSPA aims to support and advocate for school psychologists by providing professional training and guidance to strengthen academic skills, social-emotional development, and mental-behavioural health among students.

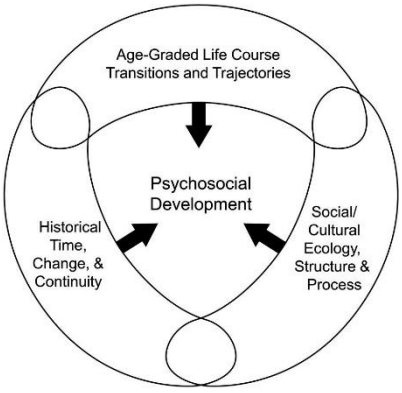
Under the international presidency of Prof. Panch. Ramalingam, APSPA held its inaugural international conference at the National Institute of Education, Colombo, Sri Lanka, in 2020. This was followed by the 2nd conference at AIMST University, Malaysia (2021), the 3rd at Assumption University, Bangkok, Thailand, the 4th at the Central University of Haryana, India, the 5th in Mauritius, the 6th again at Assumption University of Thailand in 2024, the 7th at St. Xavier's College, Goa, India, and the 8th at Tokyo University and Graduate Studies of Social Welfare, Tokyo, Japan in 2025.

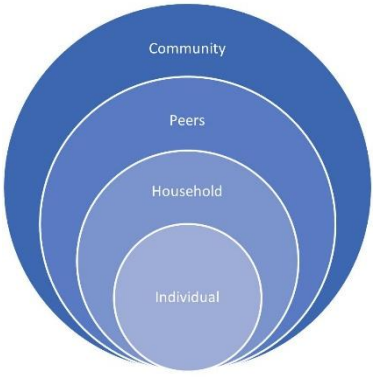
With a growing network of **about 150 professional members from Asia Pacific countries**, APSPA focuses on advancing school counselling services that support not only students but also parents, educators, and school administrators. Its members are actively engaged in creating safe, inclusive, and student-centered learning environments.

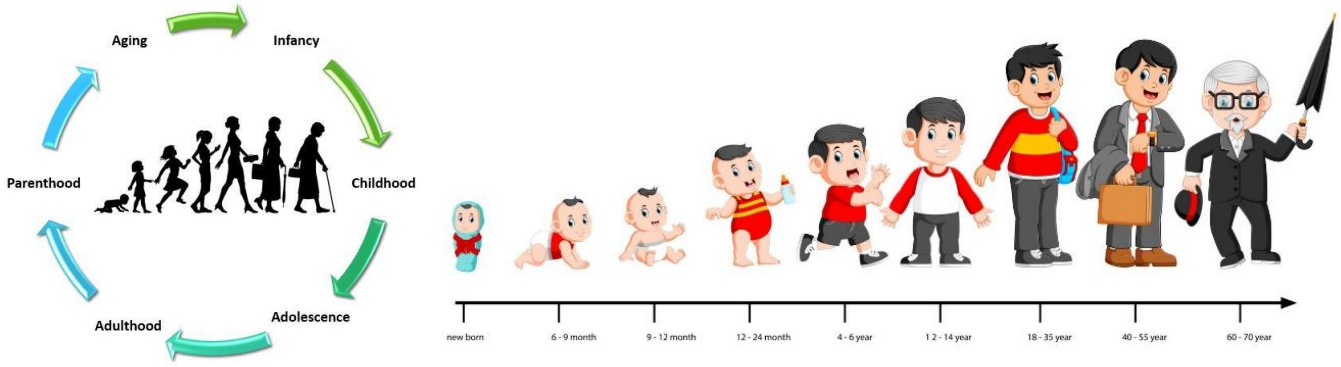
The APSPA addresses the region's increasing demand for structured psychological services within school systems. Through international collaboration, research, training, and advocacy, the Association works to standardize best practices in school psychology tailored to the cultural and educational contexts of Asia Pacific nations.

To lead its mission effectively, the APSPA core committee has formed a diverse team of office bearers, comprising expert school psychologists from various countries in the region. These professionals are dedicated to enhancing school-based mental health support and building the capacity of school counselling systems. By fostering a collaborative platform, APSPA continues to empower educational institutions in achieving a holistic approach to student development—academically, emotionally, and socially.

Conference Theme: Personal Life Trajectories – Social and Individual Context







Theme:

The theme **"Personal Life Trajectories: Social and Individual Context"** focuses on understanding how human lives unfold over time through the dynamic interaction between individual characteristics and broader social environments. Rooted in the life-course perspective within Developmental Psychology, this theme emphasizes that development is not a fixed or linear process but is shaped by continuous transitions, experiences, and contextual influences.

At the individual level, life trajectories are influenced by personal attributes such as personality, cognition, motivation, health, and identity formation. Psychological processes—including decision-making, resilience, and adaptation—play a key role in shaping how individuals respond to opportunities and challenges across different stages of life. Theories such as those proposed by Erik Erikson highlight how individuals navigate developmental tasks and crises that influence their long-term pathways.

Simultaneously, social context exerts a powerful influence on personal trajectories. Family structures, educational systems, peer relationships, cultural norms, and socioeconomic conditions all contribute to shaping life outcomes. The work of Lev Vygotsky underscores the importance of social interaction and cultural tools in cognitive and social development. Broader societal changes—such as globalization, technological advancement, and shifting labour markets—also redefine the opportunities and constraints individuals encounter.

This theme encourages an interdisciplinary exploration of how personal agency and social structure intersect. It invites discussions on critical transitions such as education, career development, migration, aging, and identity formation. Special attention may be given to issues like inequality, mental health, gender roles, and digital influences, all of which shape contemporary life trajectories in complex ways.

By bringing together perspectives from psychology, sociology, education, and related fields, the conference aims to foster a deeper understanding of how individuals construct their life paths within evolving social contexts. Ultimately, the theme highlights the need to integrate personal experiences with structural realities to better inform research, policy, and practice in supporting human development across the lifespan.

Conference Organising Team

International President



Prof. Panch. Ramalingam is an eminent academician and psychologist currently serving as Emeritus Resource Faculty at the prestigious Rashtriya Raksha University, Ahmedabad. Formerly Professor cum Director of the UGC-Malaviya Mission Teacher Training Centre at Pondicherry University, Puducherry, he has made enduring contributions to teacher education, school psychology, and human resource development. He serves as International President of the Asia Pacific School Psychology Association (APSPA) and President of the Indian School Psychology Association (InSPA), championing the advancement of school psychology across India and the Asia-Pacific region. His distinguished career spans research, training, and policy advocacy, earning him national and international recognition as a transformative leader in psychology and education.

Conference Organising Secretary



Prof. Tatiana Adeeva is a distinguished academician and currently serves as the Head of the Department of Special Education and Psychology at Kostroma State University, Kostroma, Russia. With extensive experience in teaching, research, and academic leadership, she has made significant contributions to the fields of special education and psychological sciences.

Her research interests include inclusive education, developmental psychology, psychological support for children with special needs, and innovative pedagogical approaches. Prof. Adeeva has been actively involved in designing and implementing educational programs that promote accessibility and equity in learning environments. She has guided numerous postgraduate and doctoral scholars, contributing to the advancement of research in psychology and education.

In addition to her academic responsibilities, she plays a vital role in fostering international collaboration and interdisciplinary research. She has participated in and contributed to several national and international conferences, workshops, and academic forums. Her work reflects a strong commitment to integrating theory with practice, particularly in enhancing the quality of education and psychological well-being of diverse learner populations. Prof. Adeeva's leadership and scholarly contributions continue to inspire students, researchers, and educators, making her a respected figure in the global academic community.



Keynote Speakers

Prof. Dr. Dang Hoang Minh, Ph.D., VNU University of Education, Vietnam National University, Hanoi, Vietnam

She is a distinguished Vietnamese academic and researcher specialising in Clinical Psychology, Child and Adolescent Mental Health, School Psychology, and psychological counselling. She is

currently Professor of Clinical Psychology and Director of the Clinical Research Institute for Society, Psychology and Education (CRISP-E), VNU University of Education, Vietnam National University, Hanoi.

Prof. Minh obtained her Master's and Ph.D. in Clinical Psychology from the University of Toulouse II – Le Mirail, France, and subsequently undertook research at Vanderbilt University, USA. Her professional and research interests encompass child and adolescent psychological development, emotional and behavioural difficulties, school mental health, psychological assessment, counselling, psychotherapy, parenting, and school-based psychological interventions. She has contributed significantly to the development of clinical and school psychology research and professional practice in Vietnam, particularly in strengthening psychological support services for children, adolescents, families, and educational institutions. Her work also includes research, professional training, development of psychological programmes, and collaboration with national and international organisations.

As Director of CRISP-E, Prof. Minh plays an important role in promoting research, training, professional practice, and interdisciplinary collaboration at the intersection of psychology, education, and mental health. Her academic and professional contributions have strengthened the development of psychology and school-based mental-health services in Vietnam and the wider Asia-Pacific region.



Dr. Latha Nithyanandam, PhD**,** is a psychologist and Chief Executive Officer of Alcohol & Drug Foundation NSW – Kathleen York House, a specialist residential rehabilitation service supporting women experiencing substance use disorders, including mothers who reside with their children during treatment. With more than 40 years of clinical and leadership experience across India, Germany and Australia, Dr Nithyanandam brings an international perspective to psychology, alcohol and other drug treatment, disability services, and women- and family-inclusive care. She holds a PhD in Applied Psychology from the University of Madras, with professional training and experience in Germany.

Her professional interests include psychology, substance use, trauma, mindfulness, mind-body approaches, women's wellbeing, culture and family-inclusive practice. She has contributed to research, professional resources and conferences and has held leadership roles with the Australian Psychological Society and the NSW AOD sector. She currently serves on the Board of the Sydney Drug Education and Counselling Centre and previously served on the NADA Board. Her contribution to the sector was recognised with the NADA Outstanding Contribution to the Sector Award (2025).

Prof. M. V. R. Raju, Andhra University, India



He is a distinguished senior academic, psychologist, researcher, and administrator with 38 years of teaching and research experience. He has served as Head of the Department of Psychology, Academic Senate Member, Director of the Centre for Psychological Assessment and Counselling, Dean of Academic Affairs, and former In-charge Registrar. He has also chaired Boards of Studies in Psychology at Andhra University and Acharya Nagarjuna University. He is President of the Indian Academy of Applied Psychology (IAAP), an editor and scientific board member of journals, and recipient of 18 prestigious awards. He also serves as a resource person, trainer, and subject expert for several national organizations, including UGC, UPSC, ICSSR, and Central Universities.

Invited Speaker



Prof. Barbara Hanfstingl, is an Associate Professor at the Institute of Psychology, University of Klagenfurt, Austria. Her academic and research interests encompass personality psychology, educational psychology, motivation, self-regulation, psychological assessment, and resilience. Her research particularly focuses on the development of resilience, teacher motivation and professional development, cross-cultural school development, and the theoretical and epistemological foundations of psychological constructs. She has contributed extensively to psychological and educational research through scholarly publications and international academic collaborations. Her work bridges psychological theory, research methodology, and educational practice, with particular emphasis on understanding human development, motivation, and psychological well-being.

Children's Assembly: 1st October 2027 between 9.00 am and 11.30 pm

The **Children's Assembly** is an interactive and empowering session designed for students in the higher classes to strengthen their learning skills and unlock their creative potential. The session introduces practical and engaging techniques for improving memory, developing mind maps, enhancing concentration, and stimulating creativity. Through activities, demonstrations, group exercises and problem-solving tasks, students will learn how to organise information effectively, connect ideas, remember important concepts and approach learning in innovative ways. The programme aims to build students' confidence, curiosity and independent learning abilities, enabling them to become more effective, creative and motivated learners in their academic and personal lives.

Participants: School Students in higher classes to understand communication in English.

Workshops

Workshop 1: "From Identification to Intervention: Harnessing Artificial Intelligence for Specific Learning Disabilities (SLD) Screening, Assessment and Remedial Education



Dr. T. Santhanam is the Director of SDS Academy, Chennai, and one of India's most respected psychologists with over four decades of distinguished service.

Workshop Objectives and Expected Outcomes

It i**s** designed to equip participants with the knowledge and skills to use Artificial Intelligence (AI) responsibly across the SLD support process. The workshop aims to clarify the distinction between screening, assessment and diagnosis, while demonstrating how AI can assist professionals in analysing learner profiles, identifying potential areas of difficulty, and designing individualized interventions.

Through live demonstrations, case-based activities and hands-on exercises, participants will learn to develop effective AI prompts and generate differentiated remedial activities for reading, phonological awareness, spelling, written expression and mathematics. They will also learn to use AI for developing individualized worksheets, measurable IEP goals, intervention plans and progress-monitoring tools.

By the end of the workshop, participants will be able to critically evaluate AI-generated outputs for accuracy, developmental and cultural appropriateness, and practical suitability. They will gain awareness of privacy, confidentiality, bias, hallucinations and other ethical considerations. Participants will produce at least one AI-assisted individualized intervention resource that can be adapted for professional practice.

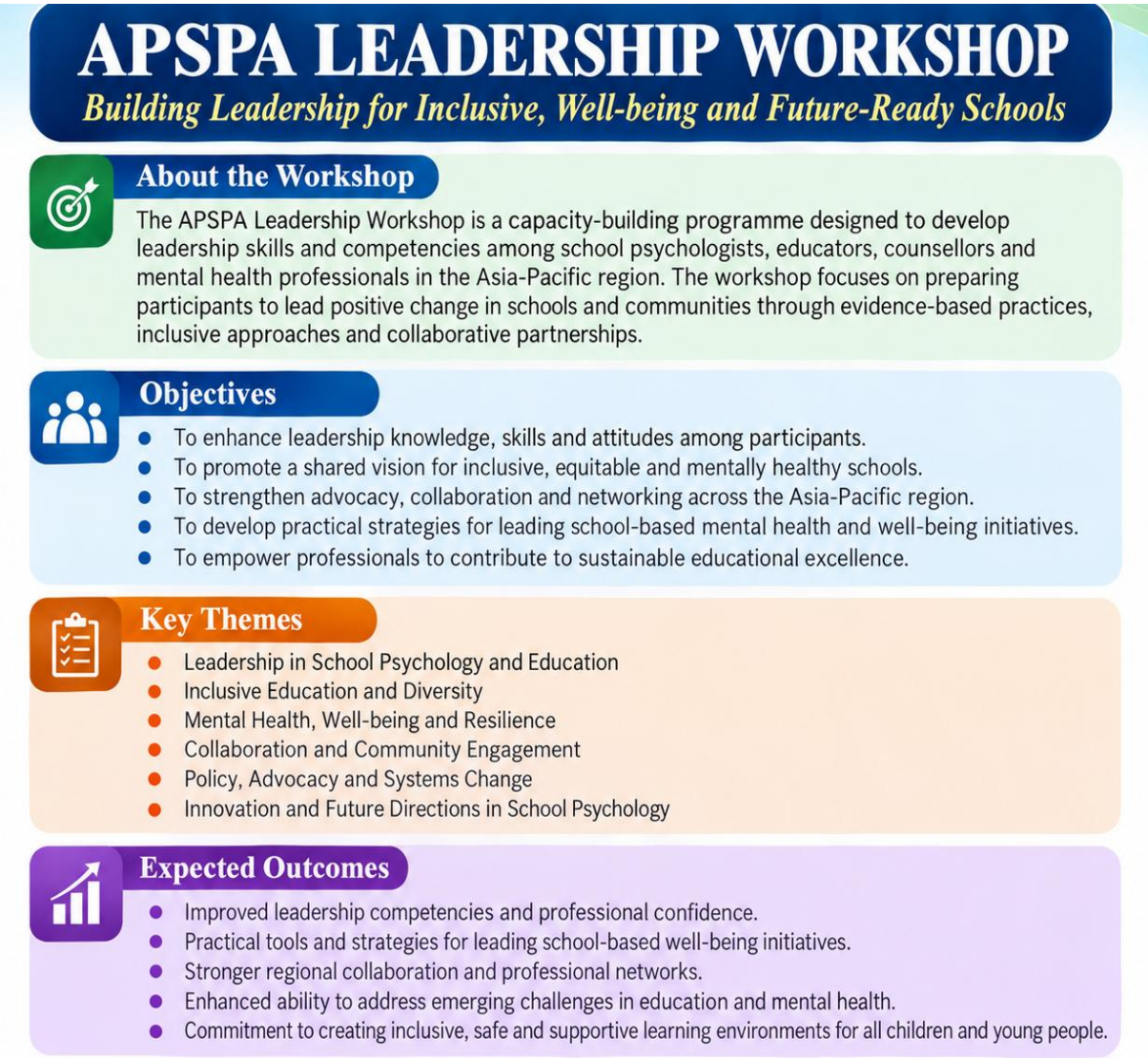
The workshop emphasizes the principle: "AI generates – the professional verifies – the professional decides – the learner receives individualized intervention."

Workshop 2: Experiencing Mindfulness through art & activity-based workshop



Facilitator Dr. Subasree Vanamali, Associate Professor Senior and Head, Psychology, School of Social Science and Languages, VIT Chennai Campus, Tamil Nadu

Objectives and expected outcome is awaited



Instruction to Presenters

Proposals are invited for symposia, workshops, individual paper, and poster presentations. Today, school communities are challenged with many psycho-socio issues of children from different ethnicities, races, languages, religions, abilities, and disabilities. The School Psychology services should be promoted in India and South Asian region to cater to the needs of the parents, teachers, school administrators and policy makers.

Workshop on School Psychology (60 minutes): The purpose of this workshop is to enable a practitioner, researcher, or other educational professional/teachers to present specific innovative techniques, methods and tools for psychologists from a practical point of view in relation to the conference theme. This is a one-hour workshop on School Psychology Competencies.

Symposium (60 minutes). Presentations submitted together on a specific topic. This is a talk presentation style. Each integrated symposium generally includes a maximum of four (4) presentations on a common topic based on the conference theme and subthemes. Multi-disciplinary panels are welcome. Kindly note that the convener of the symposium must be a psychologist.

Papers (15 minutes including questions from participants): The purpose of a paper presentation is to present research findings and innovative practices. Papers should be related to the theme and sub-theme of the conference, and report on recent developments. Abstract should be around 150-200 words and should include aim, method and results.

Posters: The purpose is to offer a visual display of presentation, in an attractive way on a given poster space. Presenters should also offer additional information (leaflets, handouts, or brochures) to take away. The normal size of the poster is 30 x 20 inches size. Best Posters will be selected and cash prizes will be awarded.

Best Paper Awards: Each scientific session will carry a best paper award. The awardees will be honoured during the valedictory session. The PG students and Research Scholars are in one category, and the faculty members and others are in another category.

General Format for submitting the abstract

All in running letters. Don't use capital letters in the headings or names or anywhere in the abstract.

Title: Should be in the centre alignment with less than 15 words. It has to highlight the variables and there is no need of sample location.

Authors: Should be in the centre alignment with Name, designation, institution, place, and Email ID (if required, the same format to be used for co-authors)

The abstract should be very brief, with points focused without giving subheadings. The introduction, objectives, hypotheses, method, sample, tools, results and implications. There is no need for any quotes in the abstract. There is no need for author citation with a year in the abstract. There is no need for sub-headings like introduction, objectives, etc. (Refer to our website: www.ijasp.in or www.apspa.in for writing the abstract model in the published journal articles)

Caution: Once submitted, the abstract will remain the same

Publication of Papers

Full paper should be around 5000 words including tables and references. APA 7th edition format for referencing should be followed. The peer reviewed selected papers will be published in the INSPA Journal of Applied and School Psychology (April 2028 Volume 9, Number 2) or International Journal of Asia Pacific School Psychology (January 2028 Volume 10 Number 1). If the paper is suitable for publication, a separate letter will be sent for acceptance of papers. The full paper (optional) can be submitted to apspa2019@gmail.com

Last date for Abstract Submission: 31.3.2027 at 5.00 pm

Registration Google Form Link: https://forms.gle/xBbhTwxqMSNu45SR6

Last date for Full paper Submission: 31.5.2027 at 5.00 pm

Registration Fees:

SlNo	Category	APSPA Member	Non-Member	Includes
1	International delegates (presenter)	USD30	USD50	Conference lunch, and dinner for two days, conference kit (Name tag, Book of Abstracts, presentation certificate, bag, pen and note book) and proceedings publication with ISBN
2	Accompanying International delegates (Non-presenter)	USD30	USD50	Conference lunch for two days
3	Russian Federation	2,000 Rubles		Conference lunch, for two days, conference kit (Name tag, Book of Abstracts, presentation certificate, bag, pen and note book) and proceedings publication with ISBN
4	Accommodation charges (if required from 29th September to 4th October 2027)	USD400	USD500	Airport transfer (Group in a bus) from Moscow International Airport to hotel near Kostroma State University, Three-star hotel with breakfast for four nights from 29th September to 5th October 2027
5	Sight Seeing in Kostroma and Moscow			will be notified
6	Virtual Presentation (2nd October 2027)	INR 2500	INR 3000	E-Certificate and soft copies of Book of Abstracts/Proceedings

Last date for Abstract Submission: **31st March 2027 at 5.00 pm**

Kindly share the screenshot of the transaction in the Google form for verification.

International delegates

Registration fee can be paid to:
Name: Asia Pacific School Psychology Association
Bank: State Bank of India, Lawspet Branch, Puducherry – 605 008, India
Current Account Number: 45034995377
IFSC Code: SBIN0010507

Kindly share the screenshot of the transaction in the Google form for verification.

Registration Link: https://forms.gle/AuumSqK4vojNhTU57

The last date for submitting the Registration is **31.3.2027 at 5.00 pm**

Registration fee once paid will not be refunded

Conference Registration Fee Policy 2027

The Registration fee included a conference bag, notepad, pen, conference food, and book of abstracts. This Conference is self-financing from the participating delegates. All conference participants must pay the conference registration fee. For each paper/poster, at least one author must attend and pay the registration fee. The participants can choose from any of the options given above to participate in the Conference.

Cancellation Policy: In case of any cancellation or non-attendance, the registration fees are unfortunately not refundable or adjusted. You have to ensure before registering about your travel documents such as Passport, Visa and travel/medical insurance.

Conference venue

The conference will be at Kostroma State University, Kostroma, Russia

Social Events

Will be notified soon

Conference Schedule of Events

The detailed schedule of events will be notified in the first week of July 2027

Further details contact:

International Delegates

Prof. Panch. Ramalingam
Emeritus Resource Faculty at Rashtriya Raksha University, Ahmedabad.
Formerly Professor cum Director
UGC-Malaviya Mission Teacher Training Centre at Pondicherry University, Puducherry,
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Email: apspa2019@gmail.com

Delegates of Russian Republic

Prof. Tatiana Adeeva
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Kostroma State University, Kostroma, Russia.
Email: adeeva.tanya@rambler.ru